

# Blood Glucose Log Sheet

Fax to: \_\_\_\_\_

Patient: \_\_\_\_\_ DOB: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ / \_\_\_\_\_

Basal Rate: 1. Time Rate \_\_\_\_\_  
 2. \_\_\_\_\_  
 3. \_\_\_\_\_  
 4. \_\_\_\_\_  
 5. \_\_\_\_\_

Meal Bolus: 1 Unit of insulin covers this many grams of carbohydrate. Carb Ratio: (B) \_\_\_\_\_ (L) \_\_\_\_\_ (D) \_\_\_\_\_  
 Insulin Sensitivity Factor: 1 Unit of insulin lowers BG \_\_\_\_\_ mg/dL  
 (Current BG - Target) ÷ Sensitivity Factor = Correction Dose  
 BG Target Range: Daytime = 90-100mg/dL  
 BG Target Range: Nighttime = 100-120 mg/dL

Date ____/____/____	12 A.M.	3 A.M.	Pre-Brkfst	Post-Brkfst	Pre-Lunch	Post-Lunch	Pre-Dinner	Post-Dinner	Bedtime
Time									
Blood Glucose									
Carb Grams									
Food Dose									
Correction Dose									
Total Bolus									

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Time									
Blood Glucose									
Carb Grams									
Food Dose									
Correction Dose									
Total Bolus									

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Total Bolus									

Notes: \_\_\_\_\_  
 \_\_\_\_\_  
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